



HLT52015 **Diploma of Remedial Massage**

Overview

Studying remedial massage can open the doorway to a broad range of career opportunities in the rapidly expanding healthcare sector. Remedial massage therapists are in high demand and may be self-employed or choose to work in larger healthcare environments such as clinics, health spas, gyms, sports and other rehabilitation services, or alongside other healthcare professionals such as physiotherapists, chiropractors and osteopaths.

Learn to treat soft tissue dysfunction, musculoskeletal imbalance or restrictions in range of motion (ROM) and put the practical skills you learn in this hands-on course to the test.

To achieve this qualification, the candidate must have completed at least 255 hours of work as detailed in the Assessment Requirements of units of competency.

You'll learn to:

- Analyse and assess client massage needs
- Provide remedial massage treatments to a wide variety of customers with range of needs
- Perform remedial massage musculoskeletal assessments
- Source and prepare aromatherapy products
- Perform remedial massage for athletes
- Monitor and evaluate remedial massage treatments
- Manage small business operations
- Establish and maintain client relationships

Accreditation

This qualification is nationally recognised under the Australian Qualification Framework (AQF), and Australis College is an [International Institute for Complementary Therapists \(IICT\)](#) approved training provider. Upon completion of this qualification, students are eligible to apply for membership the [Association of Massage Therapists](#) and the [Australian Association of Massage Therapists](#).

Entry Requirements

There are no general entry requirements for this qualification, and you may enrol in this course for any of the scheduled intake periods and begin studying shortly after enrolment.

However if you are applying for a VET FEE-HELP loan, there are entry requirements to enter into the loan application. You will need to produce a copy of your Australian Year 12 Senior Secondary Certificate of Education before enrolment.

If you are unable to produce this certificate, did not complete secondary school to a grade 12 level and gain a certificate, or graduated overseas, you will be required to undertake a Government approved Skills assessment, regardless of your education level and background.

Enrolment Periods

Due to the practical, hands-on nature of this course, enrolments are only taken during scheduled periods. Contact us to find out about our next available enrollment.

What's included

Access to the following necessary learning resources are provided by the college for use by students for the duration of the course:

- Textbooks
- Learning materials via our online learning platform (iTrain)
- Height-adjustable massage tables
- Towels, oil, hot/cold packs
- Bolsters
- Supports
- Tape
- Aromatherapy products (including, but not limited to, creams, ointments, lotions, oil blends, tinctures, extracts, gels, balms, jars, dropper bottles, labels, gloves)
- Fully equipped campus student clinic

Students are required to source their computer with Internet access to access online learning materials and to be able to submit assessments.

Location

The practical training and assessment are conducted in a face-to-face environment to meet industry requirements. Some of the theoretical content are covered via online learning, including submission of assessments. The online component includes access to live and recorded webinars and videos. Face to face training and assessment will be conducted at our Stones Corner Campus.

Duration

We allow up to 11 months to complete this course, although your actual completion time may be less depending on prior experience and the time you commit to your study.

Pricing

This course has a price of \$15,000, and the following payment options are available:

- [VET FEE-HELP](#)
- [Payment Plans](#)

Students in the HLT52015 Diploma of Remedial Massage must complete the following curriculum.

Remedial Massage Core Subjects

Students will complete the following subjects to gain their qualification.

- Anatomy & Physiology
- Introduction to Massage
- Massage 1 & 2
- Aromatherapy for Massage
- Sports Massage
- Human Nutrition 1
- Infection Control
- Client Communication
- Law and Ethics
- Client Referrals
- Skills Development
- Business Skills
- Follow-up protocols
- WHS
- Research in Massage

Clinical Training

255 hours supervised clinical work experience.

Units of Competency

Subjects in this course are comprised of the following nationally recognised units of competency.

	Unit of Competency	Unit of Competency Code
Stage 1	Provide first aid*	HLTAID003
	Develop massage practice	HLTMSG001
	Assess client massage needs	HLTMSG002
	Provide massage treatments	HLTMSG004
	Analyse and respond to client health information**	HLTAAP003
Stage 2	Manage the prevention and control of infection	HLTINF004
	Manage work health and safety	HLTWHS004
	Perform remedial massage musculoskeletal assessments	HLTMSG003
	Provide remedial massage treatments	HLTMSG005
	Establish and manage client relationships	CHCCOM006
	Work with diverse people	CHCDIV001
	Reflect on and improve own professional practice	CHCPRP003
Stage 2	Interpret and use information about nutrition and diet	HLTHPS010
	Manage legal and ethical compliance	CHCLEG003
	Engage with health professionals and the health system	CHCPRP005
	Adapt remedial massage practice to meet specific needs	HLTMSG006
	Research and apply evidence to practice	CHCPOL003
	Monitor and evaluate remedial massage treatments	HLTMSG008
	Monitor and manage small business operations	BSBSMB405
	Source and prepare aromatherapy products	HLTARO002
	Adapt remedial massage practice for athletes	HLTMSG007

The Diploma of Remedial Massage is delivered using Blended Learning.

Blended Learning combines face-to-face and online study.

Students must complete the practical component of their course face-to-face, but have the flexibility of online learning to perform the theoretical elements of the course.

Students benefit from:

- Direct face-to-face learning with trainers current in the remedial massage industry
- Practical peer learning components
- Self-paced online learning
- Up to date relevant training content
- A real & virtual campus environment
- Interactive online discussion forums
- Access to career advisor
- Email support
- Phone support
- Industry related webinars

Student Clinic

It is a requirement for industry accreditation that a certain number of hours of supervised clinical practice is undertaken. The total clinical hours to be completed are:

- Remedial Massage: 255 hours

When conducting training and practice in the student clinic facility with members of the public, students are required to wear appropriate attire and be groomed accordingly in line with industry standards (i.e. closed shoes, hair tied back, short nails, jewellery discrete or removed). Students will be provided with Australis' student clinic dress code guidelines as part of their training and orientation to the clinic. Face to Face training and assessment will be conducted at our Stones Corner Campus.

Australis College also works with Hands on Health – a not-for-profit organisation who provide incredible opportunities for people to go and volunteer their time and skills to assist the disadvantaged in Australia and around the world in countries such as India, East Timor, and the Philippines. Some of the time spent on these tours and volunteering can contribute to the clinic hours you need to complete, for further information, please speak to one of our course consultants.

Recognition of Prior Learning

Recognition of prior learning is available for this course. However, should you decide to apply for RPL, please be aware that this course has been designed to meet current industry standards for course duration and content to meet requirements for health fund provider status.

These standards include stipulations around:

- the duration of the course, and
- that certificate IV studies are not included.

Successful recognition of prior learning means that less study will be undertaken with Australis College, and, therefore, may impact your ability to be recognised as a provider of these health funds in the future.

Please contact one of our friendly course consultants for further information should you wish to apply.